



October 2017 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades K-12 Lunch</h2> <h3>SPECIAL EDUCATION</h3> <p style="text-align: right;"><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
10-2 ** Chile Cheese Tamale - V * Fiesta Pinto Beans or Campfire Baked Beans * Fruit Cup * Got Milk	10-3 ** Mama's Meatball Sub * Cooked Carrots * Fruit Cup * Got Milk	10-4 * Taco Bean Dip * Artisan Roll - S * Cooked Spinach * Fruit Cup * Got Milk	10-5 ** 3 Cheese Calzone - V * Cooked Carrots * Frozen Juice Cup * Got Milk	10-6 ** Crispy Chicken Filet Sandwich * Fluffy Mashed Potatoes * Fruit Cup * Got Milk
10-9 * Vegan Chili - V * Artisan Roll - S * Cooked Carrots * Fruit Cup * Got Milk	10-10 * Crunchy Fish Sticks * Artisan Roll - S * Fiesta Pinto Beans or Campfire Baked Beans * Fruit Cup * Got Milk	10-11 ** Garlicky Cheese Bread - V * Mini Potato Tots * Fruit Cup * Got Milk	10-12 ** Teriyaki Beef Dipper Rice Bowl * Broccoli Buds * Frozen Juice Slush * Got Milk 	10-13 ** Manager's Choice * Cooked Carrots * Fruit Cup * Got Milk
10-16 ** Cheesy Mac - V * Cooked Carrots * Fruit Cup * Got Milk	10-17 ** Smokin' BBQ Pork Rib Sandwich * Fiesta Pinto Beans or Campfire Baked Beans * Fruit Cup * Got Milk	10-18 ** 3 Cheese Calzone - V * Cooked Spinach * Fruit Cup * Got Milk	10-19 ** Salisbury Steak * Southern Buttermilk Biscuit * Fluffy Mashed Potatoes * Frozen Juice Cup * Got Milk	10-20 ** Crispy Chicken Filet Sandwich * Cooked Carrots * Fruit Cup * Got Milk
10-23 * Vegan Chili - V * Artisan Roll - S * Cooked Carrots * Fruit Cup * Got Milk	10-24 ** Mama's Meatball Sub * Fluffy Mashed Potatoes * Fruit Cup * Got Milk	10-25 ** Crunchy Fish Sticks * Artisan Roll - S * Broccoli Buds * Fruit Cup * Got Milk	10-26 ** Savory Sausage Flatbread * Fiesta Pinto Beans or Campfire Baked Beans * Frozen Juice Cup * Got Milk	10-27 ** Café LA Burger * Cooked Carrots * Fruit Cup * Got Milk
10-30 ** Bean & Cheese Pupusa - V * Fiesta Pinto Beans or Campfire Baked Beans * Fruit Cup * Got Milk	10-31 ** Tasty Turkey & Gravy * Fluffy Mashed Potatoes * Southern Buttermilk Biscuit * Fruit Cup * Got Milk			

All of the Grain/Bread items served are whole grain. - Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free - ★: For a reimbursable meal, pick at least 3 ★'s. **One ★** must be a fruit or vegetable

S: Items with an (S) can be saved for later - **V:** Vegetarian items

**Farm Fresh Fruits: Apple, Orange, Banana